

Special Events & Notices

Please Sign Up for Events at the Front Desk.

September Events

9-2	9am-12	Flu Clinic
9-4	4pm-6pm	Rotary Picnic
9-13	10am	Walk Through the Woods
9-18	11am	Music- Richard Bill
9-28	10 am	Pancake Breakfast

Following Monthly Events

10-7	9am-12	Flu Clinic
10-31	11am	Halloween Party
12-10	7pm	B'ville Community Band
12-29	11am	Music- Richard Bill

Canton Woods Newsletter

September 2025

Canton Woods operates under a three-way municipal agreement between the towns of Lysander and Van Buren and the Village of Baldwinsville.

www.baldwinsville.org www.townofvanburen.com www.townoflysander.org

Center open 8:00 AM – 4:00 PM Monday – Friday Phone (315) 638-4536

Note from the Director and Assistant Director:

Well let's see --- looks like fall is headed our way.

Back to school is right around the corner which means that the cooler weather will be showing up soon. We are hoping that you are all get the chance to come and take a look at the new look within our center. We received a senior center grant from the county and have had to spend the monies on updates to the look of the facility. Jeanne and I have been working hard to get the front offices an upgrade along with some new tables in the community room and the library as well as some new cabinets for the activities to mention a few. We will continue to research and further reach out for more grants in the future. On September 28th we are planning on having a sit-down breakfast at 10am. Everyone including family please sign up at the front desk.

We are also introducing our new Baldwinsville Veterans Outreach Coordinator; Jim Reynolds and we would love to connect anyone who needs help with him. We are looking to further improve and increase our number of daily activities so please reach out with any suggestions or ideas.

Thanks,

Rene' and Jeanne

Senior Activity Committee:

Happy September to us all!!! September 10th Anthony Perra will perform for us at 11am...Snacks and drinks available...Sept 18th, 11 am Richard Bill will be here to entertain us. Pizza Party, drinks and dessert, please sign up for these parties at the front desk. Hopefully, see you soon

Kathy Hogan

Meals on Wheels:

Thank you!

Happy September!

We would like to Thank everyone for the donations of fresh veggies; our clients are loving it!

We would like everyone to know we are collecting Xmas presents for our peeps, it can be anything from lotions, candy, personal hygiene, crossword puzzles, socks, etc. Anything would be helpful unwrapped is okay!

We have some great fundraisers planned, We are looking at some other fundraisers like a Bingo event and a Turkey dinner drive thru! Please watch for upcoming news!

Happy Labor Day & Happy Grandparents Day!

Donna and Jessica

Neighborhood Advisor

Early Fall Wishes! There is no opening date for the 2025-2026 upcoming HEAP Season as of yet. This NA will continue to keep you advised. You can inquire to me here at the Center or by 315-638-4536. The Onondaga County website is www.onondaga.gov/dss/ or www.ongov.net for more information.

Theresa Neighborhood Advisor/Outreach Worker

PEACE LUNCH

Canton Woods invites you to enjoy the PEACE Lunch hot meal served in our dining room. ***Please plan to arrive between 11:30 and 11:45am. Meal served at 12:00pm.***

With the new guidelines from Onondaga County, you must make a lunch reservation at least one day in advance. ***Please sign up for the lunch on the previous lunch day or call the center to verbally order a lunch by 8:15am.*** Lunch is available on Monday, Wednesday, and Friday. The monthly menu is in this newsletter for all seniors 60 and

above. **Please note that take-out lunches will no longer be available.**

B'ville Express

WELCOME FALL!

Schools will be open soon and that means school buses will be creating more traffic. Please be patient with our volunteer drivers.

The B'ville Express will be closed on Monday, September 1, 2025 in observance of Labor Day. If you have any appointments and are registered with the OSCAR free senior ride program, please make arrangements by calling 315-442-3434.

The OSCAR free senior ride program is through Centro Call-A-Bus and is funded by the Onondaga County Dept of Adult & Long-Term Care Services. If you would like to register for this program, please call Gina @315-638-4536. You can also find the application on the CENTRO BUS website listed under "Special Transportation".

September 7th is National Grandparents Day. Happy Grandparents Day to all of you Grandmas and Grandpas!

JOKE OF THE MONTH: Did you hear about the deer that went to the dentist? It had Buck Teeth!

Gina Carroll
Transportation Coordinator

Canton Community Crafters

The Canton Community Crafters are in full production. We have welcomed a couple of new members and are vigorously preparing for the shift in seasons and getting ready for our fabulous winter craft sale. We have had some great donations for woodworking and Crosstitch and fabric galore. If you come to the craft sale, you might even see something you've donated made into something beautiful. We have made 80 Christmas stockings to donate to the Christmas bureau. We have made fleece hats of all sizes and are ready to donate those. It won't be long before the snowflakes begin flying. We continue to donate infant hats, lap blankets and eye glass cases to Saint Joseph's Hospital. Canton Woods is the largest contributor to the St. Joe's Volunteer office. We are very proud of that!

Edwina

2025 Travel with Belle Tours LLC

Day Trips

Discover Cayuga lake- **September 25, 2025**

Letchworth State Park w Luncheon- **October 16, 2025**

A "Barry" Merry Christmas tribute to Barry Manilow at the Turning Stone- **December 11, 2025**

Overnight Travel

New York City w/ the Rockettes- **December 2-3, 2025**

Holland & Belgium Springtime River Cruise – **April 14 – 22, 2026**

Williamsburg, VA and Virginia Beach- **September 14-19, 2026**

Canada and New England cruise on the Norwegian Escape- **September 8-13, 2026**

Scotland and Ireland – **October 11-23, 2026**

Hawaii- **April 2027**

National Parks- **May 2027 TBA**

There will be a slide presentation for the Scotland/ Ireland trip and Tuscany, Lago Maggiore & The Italian Riviera Trip at Canton Woods on September 23, 2025 @2pm.

Full details for all the above trips are available at the Center or call Jacki at 315-415-0040.

Library

Donated Fiction

All That Is Hidden by Rhys Bowen

Good Material by Dolly Alderton

The House on Vesper Sands by Paraic O'Donnell

Pineapple Street by Jenny Jackson

The Summer we Started Over by Nancy Thayer

The Newcomer by Mary Kay Andrews

Bad Lands by Preston and Child

The Shadowed Land by Signe Pike

The Last Love Note by Emma Grey

The Underground Railroad by Colson Whitehead

Count My Lies by Sophie Stava

Six Days in Bombay by Alka Joshi

Her Hidden Genius by Marie Benedict

The Body Next Door by Maia Chance

Penitence by Kristin Koval

Camper Girl by Glenn Erick Miller

Gone with the Wind by Margaret Mitchell

Two by Two by Nicholas Sparks

Donated Biography

The Glass Castle by Jeannette Walls

Donated Nonfiction

The Mediterranean Diet Quick and Easy 5-Ingredient Cookbook

Yankee Commandos by Stuart D. Brandes

Silent Cavalry by Howell Raines

102 Minutes The Untold Story of the Fight to

Survive Inside the Twin Towers

by Jim Dwyer and Kevin Flynn

The DVDs are almost done being put into the system so they can be checked out like a book.

New books were purchased in June and July and

more will be purchased in August. Both computers

in the library have internet access for your use.

Come on in and check out the library!

Your librarians, Jacquie and Sharon

MEMORIAL GIVING

Memorial Giving

Canton Woods is giving you the opportunity to donate to the Center through Memorial Giving. Any gifts totaling \$200.00 in one person's name will enable Canton Woods to add their name to the memorial plaque in the foyer.

Enclosed is my gift of \$_____

In Memory of _____

Your name _____

Your address _____

Make checks payable to Canton Woods Senior

Center, Inc.

Send to:

Canton Woods Senior Center

76 Canton St. Baldwinsville, NY 13027

Donations

Your generous donation has a profound impact on our work. Thanks to your support, we can continue to create new programming and update all our standing programs. We are truly thankful for your contribution.

PEACE - SENIOR NUTRITION - SEPTEMBER 2025

Monday - September 1	Wednesday - September 3	Friday - September 5
	Swedish Style Meatballs over	Lasagna Rolls
Closed - Labor Day	Parsley & Butter Egg Noodles	Sausage Link
	Green Beans	Italian Blend Vegetables
	Applesauce	Fresh Baked Bread
	Whole Wheat Bread w/ Margarine	Strawberries w/ Whip
Monday - September 8	Wednesday - September 10	Friday - September 12
Kielbasa	Grape & Walnut Chicken Salad	Chicken Cordon Bleu Casserole
Braised Red Cabbage	served on a Croissant	Broccoli
Pierogis	Chunky Tomato Florentine Soup	Tropical Fruit Salad
Cantaloupe	Pineapple	
Monday - September 15	Wednesday - September 17	Friday - September 19
Beef Chili	Classic Philly Style Cheese Steak	Moroccan Chicken Thighs
Roasted Tex-Mex Seasoned Corn	Sandwich w/ Peppers & Onions	Over Saffron Rice
Naan	Peas & Pearl Onions	Carrot Salad
Greek Yogurt	Fresh Baked Peanut Butter Cookie	Diced Peaches
	Banana	
Monday - September 22	Wednesday - September 24	Friday - September 26
Tuna Salad in Fresh Tomato	Scalloped Potatoes & Ham	
Broccoli & Cheddar Soup	Roasted Brussel Sprouts	Agency Closed
Fruit Cocktail	w/ Raisins & Balsamic	Staff Day
	Cantaloupe	
Monday - September 29		
Herb Roasted Chicken		
Mashed Sweet Potatoes		
Creamed Spinach		
Carrot Cake		
All meals include: Coffee, Tea, Milk, Bread & Margarine	Menus meet 1/3 of RDA * Menu is subject to change.*	Suggested Contribution: \$3.50 Guest Meal: \$7.00
*****	FOOD SENSE PROGRAM	*****
Food Sense Program helps stretch your food buying dollars and is open to everyone and available each month.	Cost: \$20.50 Order deadline is September 12 by 3:30 PM	PLEASE BRING YOUR OWN RE-USABLE BAGS TO BRING YOUR FOOD HOME AS WE NO LONGER HAVE BOXES AVAILABLE
Package List can be found on the Baldwinsville or Town websites.	Pick-up date is September 24 at 11:15 - 12:30 PM.	

Canton Woods

September 2025

Calendar is subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Center Closed	2 8 Tai Chi 9:30 CC Crafters 10 Falls Class 12 Dup Bridge 1 Poker 2 Art Group	3 9:15 Cardio Ball Drumming 10:30 Adult Coloring 12-1 Peace Lunch 12 Party Bridge 1 Bingo 1 Sharing Memories Writing Program 1 Poker 1:15 Bean Bag Flu Clinic 9-12	4 8 Tai Chi 10 Falls Class 1 Pitch 1:15- 2:15 Karaoke Rotary Picinic- 4-6	5 9:15 Cardio Ball Drumming 10:30 Mexican Train 12-1 Peace Lunch 1 Bingo 1 Pool Tournament	6
7	8 9 Walking Club 10 Bunco 12-1 Peace Lunch 1:15 Wii Bowling	9 8 Tai Chi 9:30 CC Crafters 10 Falls Class 11:10 Chair Yoga 12 Dup Bridge 1 Poker 2 Art Group	10 9:15 Cardio Ball Drumming 10:30 Adult Coloring 12-1 Peace Lunch 12 Party Bridge 1 Bingo 1 Sharing Memories Writing Program 1 Poker 1 Shuffleboard Music Event- Anthony Perra 11am	11 8 Tai Chi 9 Chinese Painting 10 Falls Class 1 Pitch 1 Cooking Class	12 9:15 Cardio Ball Drumming 10:30 Mexican Train 12-1 Peace Lunch 1 Bingo 1 Pool Tournament	13 Walk for The Woods 10 am
14	15 9 Walking Club 10 Trivia 10 Bunco 12-1 Peace Lunch 1:15 Wii Bowling 1 Musical Bingo Jim Reynolds- Veterans Coordinator 1pm	16 8 Tai Chi 9:30 CC Crafters 10 Falls Class 11:10 Chair Yoga 12 Dup Bridge 1 Poker 2 Art Group Terry Risley - Blood Pressure 9 am	17 9:15 Cardio Ball Drumming 10:30 Adult Coloring 12-1 Peace Lunch 12 Party Bridge 1 Bingo 1 Sharing Memories Writing Program 1 Poker 1:15 Bean Bag Marybeth National Grid 10- 12:30	18 8 Tai Chi 10 Falls Class 1 Pitch 1:15 -2:15 Karaoke Music Event- Richard Bill 11am Followed by pizza party	19 9:15 Cardio Ball Drumming 12-1 Peace Lunch 1 Bingo 1 Pool Tournament	20
21	22 9 Walking Club 10 Bunco 10 Musical Bingo 12-1 Peace Lunch 1:15 Wii Bowling	23 8 Tai Chi 9:30 CC Crafters 10 Falls Class 12 Dup Bridge 1 Poker 2 Art Group Jackie Lecture - Trip Lecture 2pm	24 9:15 Cardio Ball Drumming 10:30 Adult Coloring 12-1 Peace Lunch 12 Party Bridge 1 Bingo 1 Sharing Memories Writing Program 1 Poker 1 Shuffleboard	25 8 Tai Chi 9 Chinese Painting 10 Falls Class 1 Pitch	26 9:15 Cardio Ball Drumming 10:30 Mexican Train 12-1 Peace Lunch 1 Bingo 1 Pool Tournament	27
28	29 Pancake Breakfast 10 am	30 8 Tai Chi 9:30 CC Crafters 10 Falls Class 11:10 Chair Yoga 12 Dup Bridge 1 Poker 2 Art Group				

CANTON WOODS - Helping seniors to remain active members of the community.

Senior citizens are a valuable community resource. Canton Woods multipurpose senior center meets the challenges facing older Americans by offering stimulating social activities, education and recreation programs, nutrition, health and other activities.

CANTON WOODS MISSION STATEMENT

CANTON WOODS SENIOR CENTER

76 CANTON STREET

BALDWINSVILLE, NY 13027

TELEPHONE # 315-638-4536

WWW.BALDWINSVILLE.ORG

Non-Profit Organizaiton

U.S. Postage

Baldwinsville, NY 13027

Permit # 10

(OPEN MONDAY - FRIDAY 8:00AM - 4:00PM)

2025 MONTHLY NEWSLETTER