

# Canton Woods Newsletter

## December 2023

### Canton Woods Staff

Ruth Troy: Director

Joan Ferstler: Assistant Director

Phone (315) 638-4536

Open: 8:00am-4:00pm

Visit Canton Woods on the Village of  
Baldwinsville Website

[www.baldwinsville.org](http://www.baldwinsville.org)

**Canton Woods operates under a three-way municipal agreement between the towns of Lysander and Van Buren, and the Village of Baldwinsville.**

**Neighborhood Advisor**

**Nancy Sullivan**

**B'ville Express**

**Gina Carroll**

***The Neighborhood Advisor Program and B'ville Express are funded by the Onondaga County Department of Adult and Long-Term Care Services.***

### **Director's Note**

The holiday season is in full swing! There are so many wonderful events to celebrate the season at the Center and in the community. Take the time to enjoy the music, lights, tasty treats and to spend time with family and friends.

Canton Woods is bustling in December! Be sure to read the entire newsletter so you do not miss out on the holiday festivities. There are several music programs. ***Come to the concerts and plan to stay for lunch!***

Thank you to everyone who supported Canton Woods by purchasing a fresh wreath, or shopping at the Center's craft sale. We appreciate your support for the Center.

*Wishing you and yours a very  
Happy and Healthy Holiday  
Season  
Ruth*

### **Important Reminder**

***Medicare Open enrollment period  
October 15 - December 7, 2023!***

This is when people with Medicare can change their Medicare health plans and prescription drug coverage for the following year to better meet their needs. If you have Medicare questions, we can connect you with reliable resources through the Office for Aging. Just call the center.

### **Senior Quotes**

“When we recall Christmas past, we usually find that the simplest things--- not the great occasions— give off the greatest glow of happiness.” Bob Hope

*Weather Related Closings:*

1. **Canton Woods is closed** when the Village of Baldwinsville is closed (use your best judgement regarding your safety).
2. There is **NO PEACE lunch** when Syracuse City Schools are closed.
3. **Meals on Wheels is closed** if the Baldwinsville and/or Liverpool schools are closed.
4. **B'ville Express** will not pick up riders if the Baldwinsville Schools are closed. It is the rider's responsibility to cancel any appointments for that day.

**2024 Newsletter Renewal Time**

We are now taking renewals for the 2024 newsletter. If you live in the Towns of Lysander or Van Buren, your cost is \$5.00 for mail delivery. All others who wish to have the newsletter delivered to your home the cost is \$6.00 for mail delivery. Please fill out the form and mail it with your payment to the Center or stop by and drop it off. Make Checks payable to Canton Woods Senior Center. Please pay promptly to avoid interruption in your newsletter service. NOTE: Please make a note on your calendar when you pay for your newsletter, to remind yourself that the 2024 subscription is paid. This reminder

will continue to be in the newsletter through January.  
 ALSO: if you live outside of the Towns of Lysander or Van Buren, your \$25.00 annual user fee is due by January 1, 2024. The fee does NOT include the newsletter subscription. Non-residents also need to pay \$6.00 for your newsletter subscription. To have your newsletter e-mailed to you please submit your e-mail address to Ruth Troy. We encourage you to consider this option as it will cut down on costs for Canton Woods.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Phone: \_\_\_\_\_

Residency  
 Town of Lysander \_\_\_\_  
 Town of Van Buren \_\_\_\_  
 Village of Baldwinsville Yes or No

**Assistant Director:**  
**Happy Holidays!!**  
 Wishing everyone a happy holiday season. So much to do in December, please make coming to Canton Woods one of those things you do!! Looking forward to 2024!!  
*Joanie*

**Halloween winners:**  
**Word games: Midge Yeagler-  
Glod**  
**Candy Count: Tom Spagnola**  
**Wearing Halloween: Carol  
Cossick and Florence Baur**



**Canton Woods Annual Tree  
Lighting Celebration!**  
Join the festivities.  
2:30pm Friday afternoon,  
December 1<sup>st</sup>.  
Holiday concert and  
refreshments!

(Please note Bingo starts at  
12:30pm on December 1)



**Baldwinsville Community Band**  
**Seasonal Music**  
**Tuesday, December 6th**  
**7:00pm at CW**

**Pheonix Schools  
Chorus**

**Will be at CW on Wednesday,  
December 20<sup>th</sup> at 11:15am**  
Enjoy the holiday concert,  
make a reservation, and stay  
for lunch!

*Looking ahead to January  
2024!*

**Sentimental Serenade will be  
at Canton Woods on  
Wednesday January 10 at  
11:00am.**

**Start your year right with  
*Singing Through the New Year!*  
*See you at the Show!***

**MOW:**

Happy Holidays!

We would like to give everyone a Thank-  
you from the bottom of our heart! All your  
support throughout the year helps us to feed  
our needy seniors a meal.

We want to wish every one a Merry  
Christmas and Happy New Year!!

Donna & Jessica **315-638-2171**

## **Neighborhood Advisor/Outreach Worker**

Just a few reminders for this busy holiday season!! **HEAP**, (Home Energy Assistance Program), is now open. You may call me for an appointment if you need assistance with your application. Please remember to bring ID, Proof of all income, a recent heating bill, and proof of rent or mortgage bills.

Medicare open enrollment closes on December 7<sup>th</sup> so there are only a few days left if you want to make a change in your coverage.

Rescue Mission Christmas meal requests are due by **December 4<sup>th</sup>** if you want a meal delivered Christmas Day, please call Canton Woods by noon on **Monday December 4<sup>th</sup>**.

I want to wish everyone a wonderful holiday season. May your Christmas be Merry and Bright. May you have the Happiest of New Years.

## **National Grid Senior Advocate**

Mary Beth Basha, will be at Canton Woods Wednesday **January 17<sup>th</sup>** from 12:30-2:00pm to answer any questions or issues you may have. Just stop in to see her.

## **B'VILLE EXPRESS**

I hope you all had a great Thanksgiving! With the holiday season comes snow and inclement weather. Our program will be closed if the B'ville school district has closed due to the weather. If there is a delay in the district, all morning rides will be cancelled. As always, our volunteer drivers reserve the right to cancel a scheduled ride if they feel they cannot safely transport the senior. Our drivers go above and beyond for all our senior friends; please be patient with the volunteer drivers

as they always do their best to get our seniors to their destination on time. B'ville Express would like to welcome our newest volunteer driver:

***Pat Killorin- THANK YOU PAT FOR HELPING OUR SENIORS OF BALDWINSVILLE!***

The B'ville Express will be closed December 25 and December 26 in observance of the Christmas holiday.

The B'ville Express will be closed January 1, 2024, in observance of the New Year holiday.

If you are **MEDICAID ELIGIBLE**, please utilize Medicaid Transportation to your medical appointments.

We are still in need of volunteer drivers. Currently we serve 184 seniors registered with our program with only 16 drivers. At times, I have had to turn seniors needing transportation away because there are not enough drivers. Without our program and our volunteer drivers, some of our senior friends in Baldwinsville will have increased challenges with meeting health care needs and everyday household concerns. If you would like to help your senior neighbors, please call Gina @315-638-4536.

***Wishing a Happy Holidays to you all!!***

*Gina Carroll*

Transportation Coordinator

**AAA Defensive Driving course** is a six-hour course sponsored by AAA and approved by NYS Department of Motor Vehicles. Participants must be 55 years of age or older. You may bring lunch or pre-order lunch at the center (\$3.50 for those 60+ nutrition program registration required). Participants should bring their unexpired driver's license and a pen. Class size is limited, early registration is recommended. **Next class is in March 2024.** If you have any questions, call the center at (315) 638-4536.

### **Sunshine Lady**

Janet Wojnovich is the **Sunshine Lady** for Canton Woods. Janet would like to hear from you if you know of someone who is not feeling well, had a hospital stay, or has had a family member pass away. Please call **Janet at 315-638-2957** or let the **Staff or Office Volunteers know too!!**

**Get Well / Thinking of You cards** were sent to: **Sharon Richards, Kathy Momper, Jezanna Osier,** **Sympathy Cards** were sent to: Tom & Sharon Quilter and to Jacki Armelino for the passing of a family member. Also to the families of Frank Testa, Dorothy Testa, and Martha Sims.

### **Memorial Giving**

Canton Woods is giving you the opportunity to donate to the Center through Memorial Giving. Any gifts totaling \$200.00 in one person's name will enable Canton Woods to add their name to the memorial plaque in the foyer.

Enclosed is my gift of \$ \_\_\_\_\_

In Memory of \_\_\_\_\_

Your name \_\_\_\_\_

Your address \_\_\_\_\_

Make checks payable to Canton Woods Senior Center, Inc.

Send to:

Canton Woods Senior Center  
76 Canton St. Baldwinsville, NY  
13027

### **Ice Cream**

Thank you for all the Byrne Dairy receipts! Please keep them coming. Sometimes you have to ask for one! Note: we cannot use gas receipts.

### **PEACE LUNCH**

**Canton Woods invites you to enjoy the PEACE Lunch hot meal served in our dining room. Share a healthy and nutritious meal with others. Please plan to arrive between 11:30 and 11:45am. Meal served at 12:00pm.**

**You must make a lunch reservation at least one day in advance.**

**Lunch is available on Monday, Wednesday, and Friday. The monthly menu is in the this newsletter.**

### **December Birthdays:**

12/8 Jan Wojnovich  
12/9 Dan Wiemers, Adrian Van Maarseveen  
12/11 Jeanne Brainard  
12/20 Bea Sharp, Edna Parker  
12/ 21 Marilyn Powell  
12/22 Suzanne Powell  
12/23 Judy Doran  
12/24 Joan Lillquist  
12/26 Betty Sykes  
12/31 Roberta Cooper  
[jferstler@baldwinsville.org](mailto:jferstler@baldwinsville.org)  
(315) 638-4536.



On your birthday, (or very very close), stop  
by Jessicakes  
3 Marble St. Baldwinsville  
for a FREE birthday cupcake!  
Jessicakes 315-484-8228

### **Mexican Train Dominoes**

Join the fun every Friday at 10:30am.  
Learn to play Mexican Train Dominoes.  
This is a fun game that is very easy to  
learn. Call the center to sign up.

### **Food Bank of CNY**

The Food Bank of CNY can help you  
receive Food Stamps/ SNAP.  
Please call (315) 437-1899 ext. 224 to set  
up an appointment or contact Nancy, CW's  
Outreach Worker (315) 638-4536.

**Food Sense program helps stretch  
your food buying dollars and is open to  
everyone and available each month.**

**Call the center to request the  
December Package List or find it on  
the Village of Baldwinsville Website.  
Cost: \$20.50**

**The order deadline is Friday, December  
1st, by 3:30pm.**

**The pick-up date is Wednesday,  
December 13<sup>th</sup> from 11:30am-12:30pm.**

**Denise Heater won the Free package  
give away in November.**

**Smartphone, iPad, Tablet or Laptop  
(Apple Products only) Computer  
Assistance offered by Nadine Kerr,  
B'ville Family & Consumer Science  
Teacher. Tuesday, December 12th at  
3:00pm. Call the center 315-638-4536 to  
make an appointment.**

### **Free Legal Services**

Legal services are available at  
Canton Woods on several Tuesdays

in the calendar year. Call the center  
to make an appointment (315) 638-  
4536. (11:30-3:30pm) Please tell the  
receptionist if you are a returning  
client. You must be a resident of  
Onondaga County and at least 60  
years old to participate in this  
program. Next appointments are in  
2024.

### **Notes from Canton Woods Activity Committee:**

#### **December 2023:**

Happy December

Lots going on this month!

December 1<sup>st</sup>, we have our Holiday  
Party. John Vona is playing at  
2:30pm. The tree lighting will be at  
3:30pm.

On the 6<sup>th</sup> The B'ville Community  
Band will entertain us at 7:00pm.

On the 20<sup>th</sup>, we will have the  
Pheonix School concert at 11:15pm.  
These students put on a wonderful  
holiday concert.

Any POKER players out there??

We have room for a few more—  
Tuesday and Wednesdays at  
1:00pm, be here by 12:50pm.

We are closed on the 25<sup>th</sup> and 26<sup>th</sup>.  
See ya all in January! Merry  
Christmas!

*Kathy Hogan*

### **Tournaments for October**

#### **9 Ball Tournaments**

10/6

1<sup>st</sup> Place: Dave Au

2<sup>nd</sup> Place: Nunzio Lapari

10/20

1<sup>st</sup> Place: Dave Au

2<sup>nd</sup> Place: Paul Dreher-Wiberg

10/27

1<sup>st</sup> Place: Marshall DuBuc

2<sup>nd</sup> Place: Dave Au

### Shuffleboard

10/13

1st Place: Jerry Dingman & Jack  
Schmidel

2<sup>nd</sup> Place: Marshall Dubuc/ Frank  
O'Donnell

### Wii Bowling

10/2

1<sup>st</sup> Place: Jan Wojnovich & Sue  
Stapleton

2<sup>nd</sup> Place: Sheila Bohemier & Ed  
Barlow

10/16

1<sup>st</sup> Place: Gloria Saccone & Loren  
Preston

2<sup>nd</sup> Place: Peggy Ford & Sue  
Stapleton

10/23

1<sup>st</sup> Place: Tom Spagnola & Mae  
Slaunwhite

2<sup>nd</sup> Place: Gloria Saccone &  
Deborah McGavin

10/30

1<sup>st</sup> Place: Sue Stapleton & Loren  
Preston

2<sup>nd</sup> Place: Bob Hahn & Patti

DiFabian

*Please remember to arrive 10 to 15  
minutes before the beginning of  
each game. Thank you!*

**Shuffleboard** is back on the  
calendar at Canton Woods!  
Join in the fun!

### Bunco at Canton Woods!

**Bunco** has moved to *Monday*  
mornings, the 2<sup>nd</sup> and 3<sup>rd</sup> Mondays at  
10am-12:00pm. This is a fun fast  
moving dice game. Give it a try.

**BINGO!!! Come join the fun!**  
**BINGO! Wednesdays and Fridays**  
**at 1pm.**

**Pitch** is every Thursday  
at 1:00pm!  
Call to sign up, double check the  
calendar.

**Wii Bowling T'ments: Every**  
Monday, at 1:00pm. We welcome more  
Wii Bowlers. Call to sign up.  
**Lots and Lots of fun come check it out!**

**Duplicate Bridge** Tuesday at 12:00pm  
**Party Bridge** Wednesday at 12:00pm  
If you are a Bridge player, please think  
about joining our games!!!!

**Scrabble: Thursdays at 10:00am.**

**Blood Pressure Screening:**  
On Tuesday, December 12<sup>th</sup>.  
from 9:30am – 11:00 am.

**Stay fit & Well at Canton Woods!**  
**Try one of these fun fitness classes!**

***CW Aerobics Exercise Class! Join Cathy for this cardio workout to your favorite music.***

Aerobics work out designed for seniors on Tuesday and Thursday at 9:15am.

**Senior Cardio Ball Drumming**

Facilitated by Arlette.

Ball drumming class will be offered at 9:15am Wednesday and Friday!

Equipment is provided.

This is a low impact exercise class using music, large exercise ball and drumsticks to move to the beat!!

**Falls Prevention Class**

Classes are on Tuesdays and Thursdays at 10:00 a.m. **FREE!** This class is taught by retired physical therapist Julie Hall. Work on your core and balance. You will feel the benefit in your daily activities.

**Kripalu "Chair Optional" Yoga lead by Yvonne Martin Certified**

**Kripalu Yoga Teacher:**

Classes held Tuesday mornings at 11:10am  
Donation to the instructor. Look at the flyer inside this newsletter for future dates.

**Tai Chi Classes (Yang short form)**

Classes are held Tuesdays and Thursdays at 8:00 a.m. Charges are payable to the instructor. Please check the calendar for dates.

**Art Group**

Art group will meet in person on Tuesday, December 5th & Tuesday, December 19th 2023 at 2pm. Art Studio on the other Tuesdays of the month at 2:00pm.

**How about getting together for Adult Coloring!?**

Adult coloring can reduce stress and anxiety, increase mindfulness, and it's fun. Try it! Wednesdays at 10:30am.

**Sharing Memories Writing Program!**

Every Wednesday at 1:00pm.

Facilitated by Tina Trainham. Please come with writing material and your memories!

**Yarn Crew**

The Yarn Crew, Yeah, has been working their fingers to the bone and getting ready for our craft fair. By the time this newsletter reaches you we will have had a craft fair and I will be able to report in the next newsletter how successful it was.

**CANTON CREATIONS**

On November 28<sup>th</sup>, a group made Scandinavian stars. These stars come in different sizes, and the best thing about them for those of you who are afraid of sewing machines... there is no sewing. More to report in the next newsletter.

**THANKS** *Edwina*



## **December 2023 Library News**

The Santa Suit (M. K. Andrews)

My Kind of Christmas (R. Carr)

The Noel Letters (R.P. Evans)

Dear Santa (E. Hilderbrand)

Winter Solstice (E. Hilderbrand)

Angels at the Table (D. Mac Comber)

A Fool's Gold Christmas (S. Malloy)

Merry Christmas, Alex Cross (J. Patterson)

*CW Librarian, Lorraine*

### **Bottle & Can Drive**

#### **McBride's Bottle Return**

Your nickels will add up to help your Center.

There are now two ways to contribute! The Canton Woods Board, and Senior Activity Committee have an ongoing bottle and can collection program. Any bottles or cans placed in the bottle and can collection boxes at the center are returned for the deposit. The funds benefit you through your Senior Activity Committee.

In addition to the collection program at the center, you and your family members may return bottles and cans to McBride's Bottle and Can Return, 80 Smokey Hollow Rd.

Let the clerk know you are donating your returns to Canton Woods Senior Center.

They will credit the amounts to Canton Woods Senior Center account.

Thank you for participating in these fundraising events.



# Canton Woods

## December 2023

Monday		Tuesday		Wednesday		Thursday		Friday	
	<b>Calendar subject to Change</b>							<b>1</b> 9:15 Senior Ball Drumming Exercise Class 10:30 Mexican Train 12 PEACE lunch 12:30 BINGO <b>2:30 Holiday favorites with John Vona</b> <b>3:30 CW Annual Tree Lighting Ceremony</b>	<b>2</b>
<b>3</b>	<b>4</b> 8:30-12 Open Rec 12 PEACE Lunch 1 Wii Bowling	<b>5</b> 8 Tai Chi 9:15 CW Exercise 9:30 Yarn Crew 10 Falls Class 11:10 Chair Yoga 12 Dup Bridge 2 Art Group	<b>6</b> 9:15 Senior Ball Drumming Exercise 10:30 Adult Coloring 12 PEACE Lunch 12:00 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program <b>7 B'ville Community Band Holiday Concert</b>	<b>7</b> 8 Tai Chi 9:15 CW Exercise 10 Falls Class 10 Scrabble 1 Pitch	<b>8</b> 9:15 Senior Ball Drumming Exercise Class 10:30 Mexican Train 12 PEACE lunch 1 Bingo 1 9 Ball T'ment	<b>9</b>			
<b>10</b>	<b>11</b> 8:30-12 Open Rec 10-12 BUNCO 12 PEACE Lunch 1 Wii Bowling	<b>12</b> 8 Tai Chi 9:15 CW Exercise 9:30 Yarn Crew 10 Falls Class 12 Dup Bridge 2 Art Studio 12:45 Tech Support	<b>13</b> 9:15 Senior Ball Drumming Exercise 10:30 Adult Coloring 12 PEACE Lunch 12:00 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	<b>14</b> 8 Tai Chi 9:15 CW Exercise 10 Falls Class 10 Scrabble 1 Pitch	<b>15</b> 9:15 Senior Ball Drumming Exercise Class 10:30 Mexican Train 12 PEACE Lunch 1 Shuffleboard T'ment 1 BINGO	<b>16</b>			
<b>17</b>	<b>18</b> 8:30-12 Open Rec 10-12 BUNCO 12 PEACE Lunch 1 Wii Bowling	<b>19</b> 8 Tai Chi 9 Yarn Crew 9:30 Blood Pressure Screening 10 Falls Class 12 Dup Bridge 2 Art Group	<b>20</b> 9:15 Senior Ball Drumming Exercise 10:30 Adult Coloring <b>11:15 Pheonix Chorus Holiday Concert</b> 12 PEACE Lunch 12:00 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	<b>21</b> 8 Tai Chi 10 Falls Class 10 Scrabble 1 Pitch	<b>22</b> 9:15 Senior Ball Drumming Exercise Class 10:30 Mexican Train 12 PEACE Lunch 1 9 Ball T'ment 1 BINGO	<b>23</b>			
<b>24</b>	<b>25</b> <b>Merry Christmas The Center is Closed</b>	<b>26</b> <b>Merry Christmas The Center is Closed</b>	<b>27</b> 9:15 Senior Ball Drumming Exercise 10:30 Adult Coloring 12 PEACE Lunch 12:00 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	<b>28</b> 8 Tai Chi 10 Falls Class 10 Scrabble 1 Pitch	<b>29</b> 9:15 Senior Ball Drumming Exercise Class 10:30 Mexican Train 12 PEACE Lunch 1 8 Ball T'ment 1 BINGO	<b>30</b>			
<b>31</b>									

# Travel Reflections

Hello everyone, I hope you all enjoyed a Blessed Thanksgiving. This Holiday season sure came upon us fast and furious! I am beginning to plan my Day Trips for 2024. I should have some details in the January newsletter. There is plenty of room on the Washington trip. As of now I do not have enough people for the trip to go. If you are interested, please sign up now so we will not have to cancel. There is still time to sign up for the December 7<sup>th</sup> trip to the Turning Stone Casino for the Buddy Holly Holiday Show.

I wish you a very Merry Christmas, Happy Hanukkah, and Happy and Healthy New Year. Don't forget to use your 30<sup>th</sup> Anniversary coupons in the coming year. They are applicable for any day or overnight trips.

Take care and God Bless.

Love, Jacki



## Day Trips

### **THE BUDDY HOLLY CHRISTMAS SHOW | DECEMEBER 7<sup>th</sup>, 2023 – THURSDAY**

Come celebrate the holiday season with this holiday tribute to Buddy Holly. This show is full of charisma and high energy to get you in the Christmas spirit. Hear the classic holiday songs as well as Buddy's greatest hits. This show will have you rockin' around your Christmas tree and dancing up the aisles. It is sure to be a rockin' good time! Trip includes: deluxe Hale transportation; \$25 slot bonus; \$5 food & show; all taxes and gratuities including bus driver. Escorted by Jacki

**COST: \$105 per person payable to "Belle Tours LLC"**

BUS PICK – UPS: depart Larkin St @ 8:30 am; Depart Canton Woods @ 9:00 am. Please arrive 10 minutes before departure.

## Overnight Trips

### **A WASHINGTON D.C. ADVENTURE 4 DAYS/3 NIGHTS - April 8<sup>th</sup> - 11<sup>th</sup> 2024**

The Cherry Blossoms will be out when we visit our nations' capital. Join us on this 4 day/3 night tour of Washington D.C. This trip includes: Deluxe motor coach transportation; 3 nights hotel accommodations; 3 breakfasts; 1 fantastic Potomac Lunch cruise; 3 sumptuous Dinners at fine local restaurants; Guided Tour of Washington D.C including a guided illumination Tour of the Washington monuments at night time; visit to Arlington Cemetery with a tram ride; self guided tour of all Washington monuments; visit to the Smithsonian National History Museum; all taxes, meal gratuities & baggage handling; drivers gratuity; Fully escorted by Jacki Abbott.

COST:  
**\$985 /per person**  
(Based on **double** occupancy)

COST:  
**\$1,230 /per person**  
(Based on **single** occupancy)

All payable to "BELLE TOURS LLC" \$150 non refundable. A deposit of \$150 is needed to sign up. Balance due February 5, 2024. Sign up any time at the Center or send to Jacki @ 132 Plymouth Drive, Syracuse, NY 13206

**SIGN UP ANYTIME AT THE CENTER or SEND TO JACKI ABBOTT – 132 PLYMOUTH DRIVE – SYRACUSE, NY 13206**

**BRANSON | SEPTEMBER 14<sup>TH</sup> - 24<sup>TH</sup>, 2024 - 11 DAYS/10 NIGHTS**

Branson, MO should be on every ones Bucket list! This 11 day trip is full of fun, music and new adventures! Join us for this multi state trip. This trip includes deluxe Hale transportation; 10 night hotel accommodations; 10 dinners, 10 breakfasts; 1 lunch; visits to The Ark Encounter; Creation Museum; the Gateway Arch; 5 shows while in Branson, Oak Ridge Boys, Doug Gabriel, Dinner and Cruise on the Showboat Branson Belle, The Haygoods, Clay Cooper's Country Express, Cave Tour & Ozark History Museum/Lost Canyon Cave at Top of the Rock; The Grand ole Opry show in Nashville; guided tour of Nashville; Dinner Theatre in Nashville; Dinner and entertainment in Natural Bridge, Virginia and much more! All taxes and gratuities including drivers tip. Cancellation insurance is available for an additional cost.

COST:  
**\$3,250 /per person**  
(Based on **double** occupancy)

COST:  
**\$3,030 /per person**  
(Based on **triple** occupancy)

COST:  
**\$3,840 /per person**  
(Based on **single** occupancy)

\$500 (\$250 non-refundable) due now to sign up. 2<sup>nd</sup> deposit of \$1,500 due February 15, 2024. Remaining balance due July 14, 2024. Sign up any time at the center or send to Jacki @ 132 Plymouth Drive Syracuse, NY13206

**SOUTHERN CHARM | OCTOBER 7<sup>TH</sup> - 13<sup>TH</sup>, 2024 - 7 DAYS/6 NIGHTS**

Experience warm Southern hospitality in America's southeast. Come to know its rich history and deep traditions on this tour highlighted by stays in Charleston, Savannah and Jekyll Island. Tour includes: transportation from Canton Woods Senior Center to and from the airport; Air from Syracuse, all taxes and fees/ surcharges, Hotel transfers; 6 breakfasts, 3 Dinners; Tours to historic Charleston, Choice of Walking Tour or Fort Sumter cruise in Charleston, Boone Hall Plantation & Gardens; Choice of Savannah Trolley City Tour or Walking Tour, St. Simons Island; Jekyll Island, Sea Turtle Hospital and much more!

COST:  
**\$3,799 /per person** (\$200 non-refundable)  
(Based on **double** occupancy)

COST:  
**\$4,799 /per person**  
(Based on **single** occupancy)

Cancellation insurance is available for an additional cost of \$349 per person. Sign up any time at the center or send to Jacki @ 132 Plymouth Drive Syracuse, NY13206

**ADRIATIC & IONIAN PORTRAIT w/ OCEANIA CRUISES on the OCEANIA RIVIERA  
OCTOBER 24<sup>TH</sup> - NOVEMBER 4<sup>TH</sup>, 2024**

This 12 day/ 11 night cruise takes us to: Venice, Italy; Koper, Slovenia; Dubrovnik, Croatia; Corfu, Greece; Katakolon, Greece; Cruising the Ionian Sea; Vallette, Malta; Messina, Sicily; Sorrento/Capri, Italy and Rome, (Civitavecchia), Italy. Tour includes: Round trip airfare from Syracuse, One night Pre-cruise, cruise, port charges, government fees, taxes and transfers to and from ship.

COST:  
**\$5,771 /per person**  
(BALCONY CABIN)  
Category B2

COST:  
**\$5,821 /per person**  
(BALCONY CABIN)  
Category B1

COST:  
**\$6,071 /per person**  
(CONCIERGE BALCONY CABIN)  
Category A2

COST:  
**\$6,121 /per person**  
(CONCIERGE BALCONY CABIN)  
Category A1

**\*ALL DOUBLE OCCUPANCY**

Prices also include free internet as well as a choice of \* FREE - \$600 shipboard credit or FREE

6 Shore excursions or FREE Alcoholic beverage package (beer, wine, champagne w lunch and dinner). A deposit of \$850 per cabin is needed to sign up or \$1,700 per person single occupancy is required to secure reservations and assign cabins. Final payment is due by June 25, 2024. Deposits may be charged to Grand American Tours or checks sent to Belle Tours LLC. A full detailed itinerary is available at Canton Woods Senior center or call Jacki @ 315-415-0040 THOSE WHO BOOK EARLY GET THE BEST PRICES, THE BEST CABIN LOCATIONS, AND THEIR PREFERRED DINING TIMES.

**MAGICAL CHRISTMAS MARKETS | NOVEMBER 30<sup>TH</sup> - DECEMBER 7<sup>TH</sup>, 2024 - 8 DAYS/6 NIGHTS**

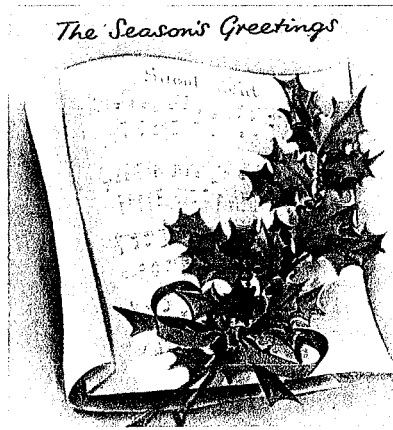
Join us as we uncover the unique charms of Austria and Germany and the incredible Christmas Markets. This trip includes: Transfers from Canton Woods to and from the Airport; air to and from Syracuse; 3 Dinners, 1 lunch, 6 breakfasts; 6 nights hotel accommodations; tours of Innsbruck, Salzburg, Oberammergau, Munich and the Christmas Mkts. All taxes and fees/Surcharges, Hotel transfers.

COST:  
**\$3,199 /per person** (Based on  
**double** occupancy)

COST:  
**\$3,599 /per person** (\$200 non-refundable)  
(Based on **single** occupancy)

Cancellation insurance is available for an additional cost of \$449 per person. Sign up any time at the center or send to Jacki @ 132 Plymouth Drive Syracuse, NY13206

**SIGN UP ANYTIME AT THE CENTER or SEND TO JACKI ABBOTT – 132 PLYMOUTH DRIVE – SYRACUSE, NY 13206**



**Baldwinsville Community  
Band!**

**Wednesday, December 6<sup>th</sup>**

**7:00pm**

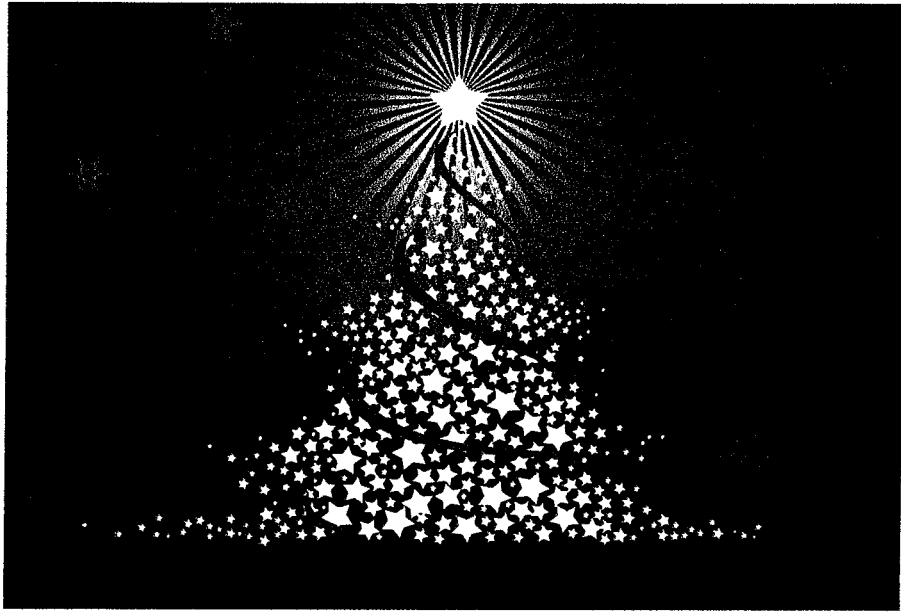
**At Canton Woods**

**(Monetary donations accepted for the Band!)**



**Pheonix Schools  
Chorus**

**Will be at CW on Wednesday,  
December 20<sup>th</sup> at 11:15am  
Enjoy the holiday concert, make a  
reservation, and stay for lunch!**



**CANTON WOODS**

**TREE LIGHTING**

**FRIDAY**

**DECEMBER 1st**

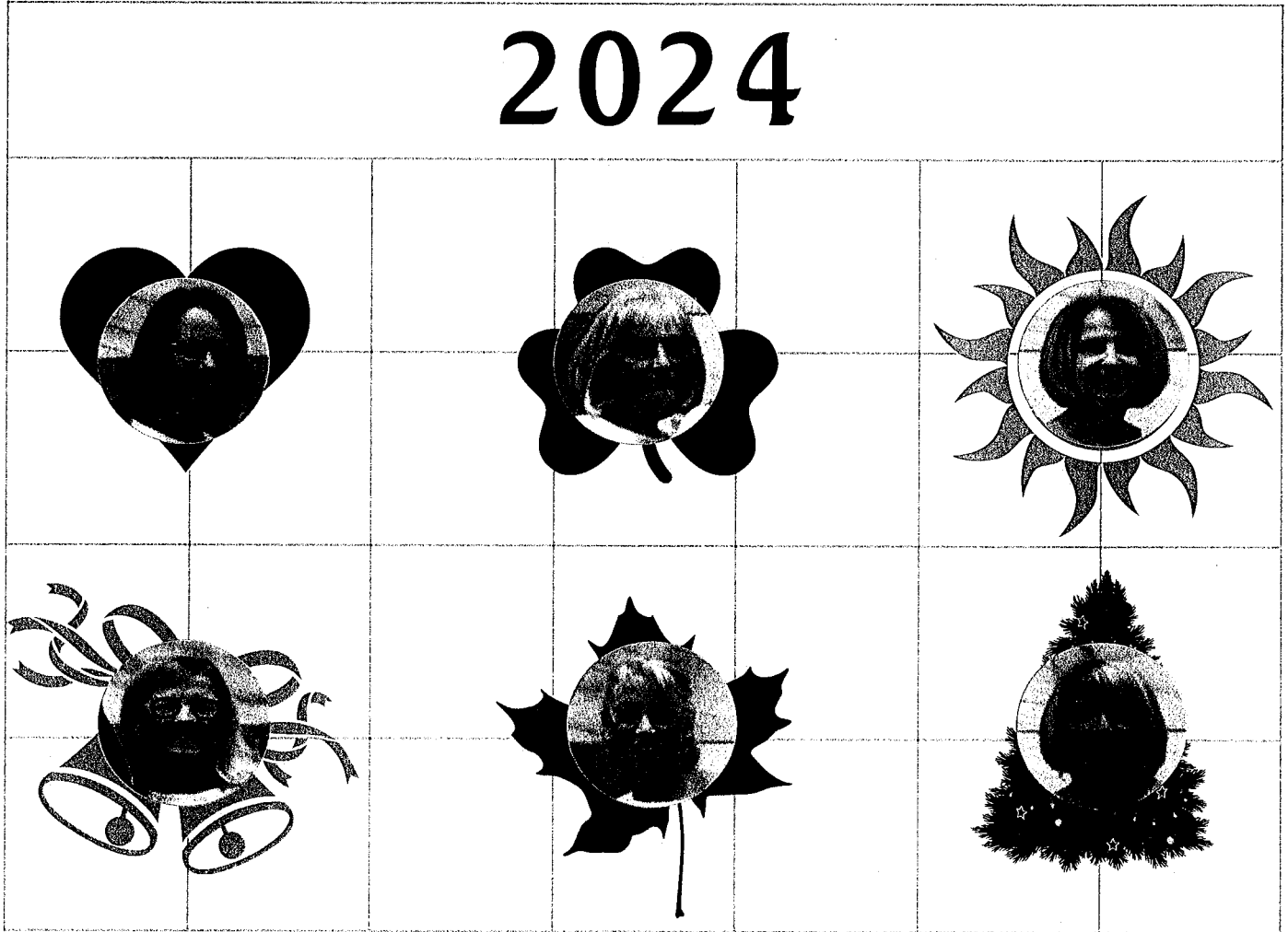
**John Vona's sings at 2:30pm**

**Holiday Refreshments**

**Tree lighting at dusk**

*Singing Through the New Year*  
*Sentimental Serenade*

2024



**DATE:** Wednesday, Jan. 10<sup>th</sup> **TIME:** 11 AM

**PLACE:** Canton Woods Senior Center

*See you at the show!*



# December 2023

MONDAY	WEDNESDAY	FRIDAY
<p>Suggested Donation \$3.50                      Guest Fee \$7.00                      Subject to Change</p>		
<p>4                      Breaded Haddock Served on a Whole Wheat Bun                      Confetti Coleslaw                      Potatoes O'Brien                      Fresh Apple</p>	<p>6                      Vegetable Lasagna Rolls                      Chef Salad                      Cantaloupe                      Crusty Italian Bread</p>	<p>1                      Chicken Cordon Bleu Casserole                      Winter Blend Vegetable                      Fresh Banana</p>
<p>11                      All American Cheese Burger                      Seasoned Potato Cubes                      Blended Vegetable Slaw                      Applesauce</p>	<p>13                      Boneless Chicken Breast Topped in Marsala Sauce                      Seasoned Wild Rice                      Winter Blend Vegetables                      Apple</p>	<p>8                      Glazed Home-Style Meatloaf                      O'Brien Scalloped Potatoes                      Capri Blend Vegetables                      Mandarin Oranges                      Fresh Baked Dinner Roll</p>
<p>18                      Swedish Style Meatballs over Parslled Egg Noodles                      California Blend Vegetables                      Fresh Orange</p>	<p>20                      Sirloin Beef Stew with Hearty Mixed Vegetables                      Chuckwagon Corn                      Over Biscuit                      Tapioca Pudding</p>	<p>15                      Tropical Fruit Glazed Ham                      Yukon Gold Potatoes with Sliced Onions                      Oregon Blend Vegetables                      Fresh Cantaloupe                      Fresh Baked Whole Wheat Roll</p>
<p>25                      Christmas Holiday Agency Closed</p>	<p>27                      Sliced Turkey on Whole Wheat Kaiser                      Lettuce and Tomato                      Hearty Minestrone Soup                      Pineapple Tidbits</p>	<p>22                      Quiche Lorraine                      Mixed Berry Yogurt Parfait                      Sweet Roll                      Orange Juice</p>
<p>29                      Broccoli Quiche                      Mixed Berry Yogurt Parfait                      Blueberry Muffin                      Orange Juice</p>		