

# Canton Woods Food Sense August 2023 Order Form

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Food Sense is open to Everyone! To order Food Sense

1. Mail / drop off a check / money order PAYABLE to: *CW Food Sense to Canton Woods Senior Center, 76 Canton St. Baldwinsville New York 13027*

2. You may pay with EBT, cash, or check call the center (315) 638-4536 for more information.  
*Be sure to mail early, well in advance of the deadline.*

**August Package** Number of Packages \_\_\_\_\_ x \$20.50 = Pkg. Total \$ \_\_\_\_\_

Pork Tenderloin, 1.8lb avg.

Boneless Chicken Leg Pieces, 1lb

Fish Sticks, 1lb

Ground Beef, 1lb

Hot Dogs, 1lb

Cheddar Cheese, 8oz

Elbow Macaroni, 1lb

Cannellini Beans, 15oz

Frozen Strawberries, 1lb

Asparagus Cuts & Tips 12oz

2 Fresh Produce

## **August Specials:**

\_\_\_\_\_ 1. **St. Louis Style Ribs, 28oz. for \$9.25:** The St. Louis style ribs are fully cooked and in an original BBQ sauce.

\_\_\_\_\_ 2. **Chicken Thighs, 2.5lbs. for \$4.75:** The chicken thighs are boneless, skinless, and individually frozen in re-sealable bag.

\_\_\_\_\_ 3. **Shrimp, 2lbs for \$10.00:** The shrimp (26-30ct.) are peeled, deveined, and individually quick frozen.

\_\_\_\_\_ 4. **Onion Rings, 2.5lbs for \$9.00:** The onion rings are ready to cook and can be used in the oven or fryer.

\_\_\_\_\_ 5. **Beef & Broccoli Stir Fry, 22oz. for \$6.50:** The beef and broccoli consist of beef strips, broccoli florets, water chestnuts, and red bell peppers with white rice in a savory soy sauce.

\_\_\_\_\_ 6. **Protein Box, 6.5lbs. for \$14.00:** The protein box consists of Tilapia Fillets (1lb.), Boneless Chicken Breast (2.5 lbs.), Bologna (1 lb.), Italian Sweet Sausage (1 lb.), and Ground Turkey (1 lb.).

Specials Total \$ \_\_\_\_\_

Order Grand Total \$ \_\_\_\_\_

**IMPORTANT DATES: PLEASE NOTE OUR ORDER DEADLINE WILL NOW BE FRIDAY**

Order Deadline date: **Friday, August 11<sup>th</sup>, 2023** Pick update: **Wednesday, August 23rd, 2023. (from 11:30am- 12:30pm)** Thank you for your patience.