

Canton Woods Newsletter

June 2022

Canton Woods Staff

Ruth Troy: Director

Joan Ferstler: Assistant Director

Phone (315) 638-4536

Open: 8:00am-4:00pm

Visit Canton Woods on the Village of

Baldwinsville Website

www.baldwinsville.org

Canton Woods operates under a three-way municipal agreement between the towns of Lysander and Van Buren, and the Village of Baldwinsville.

Neighborhood Advisor

Nancy Sullivan

B'ville Express

Gina Carroll

The Neighborhood Advisor Program and B'ville Express are funded by the Onondaga County Department of Adult and Long-Term Care Services.

The Village of Baldwinsville's mask policy: The wearing of masks in village owned buildings (including Canton Woods Senior Center) is at the OPTION of the individual entering the building.

Un-Vaccinated persons or persons who decline to show proof of vaccination:

must socially distance, they may not participate in activities where social distance cannot be maintained.

Summer Temperatures

The air conditioning is on at the senior center. If you are usually chilly in air conditioning, please remember to bring a sweater.

Director's Note:

Thank you to the Baldwinsville Teachers' Association for the gift of tickets and transportation to the Baldwinsville Theater Arts Program performance of Mary Poppins. It was a fabulous show! Congratulations to all who participated. Summer in Central New York is beautiful. Take some time to enjoy all that the area has to offer.

Take in the free concerts right here at the senior center and on Paper Mill Island.

Take a walk along the river, Beaver Lake, or Onondaga Lake Park.

Summer is a busy season at the Canton Woods. We are looking forward to many of our annual fund-raising events and have added something especially for the golfers in our community. Look for all the details in this newsletter.

Be sure to read your entire newsletter.

There are a lot of exciting events and programs coming up.

Happy Father's Day!
Ruth

Assistant Director:

As the warm weather is here, please remember to drink plenty of water, use sunscreen, and watch out for bugs and ticks. The summer is a great time of year, but it does have its issues, please be cautious. We have planned a summer of activities I am sure you will want to attend, along with programming from neighboring counties. Enjoy and be safe!
Happy Dad's Day!!

Joanie

**Canton Woods 12th Annual Car Show Monday August 8th, 2022!!
Flyer in this newsletter.**

MOW:

Hello Everyone!

We would like to say we are having a Drive-Thru fundraiser dinner on June 3rd 5:00-7:00pm. It will be pulled pork sandwiches, or homemade meatball subs, sides are choice of 2- baked beans, mac & cheese, 4 bean salad, or pasta salad. Coleslaw and dessert included. Cost \$10.00. No advanced sign-up is needed. Happy Father's Day to all out special dads out there!

Donna & Jeff **315-638-2171**

Neighborhood Advisor / Outreach

I know now that the weather is getting better you are all going to be wondering when the Farmers Market Coupons will be available. I got word the other day that distribution should be in early July. We do not know how many booklets we will receive at this time, but as in times past I expect we will have enough for everyone who is eligible and interested.

Since summer is approaching those of you who are in need of an air conditioner can see me to make out an application.

Take care. *Nancy Sullivan*

B'VILLE EXPRESS

Colonoscopy? Eye injections? Having a procedure done? Need transportation to a procedure? The B'ville Express has access to a FREE SENIOR TRANSPORTATION program for procedures.

If you are having a procedure and need transportation, please call Gina at the B'ville Express for information. 315-638-4536.

To volunteer please call Gina @315-638-4536.

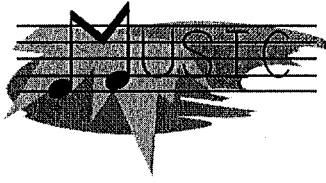
Gina Carroll

Transportation Coordinator

Springtime! Gardening Time!

Canton Woods Garden

Canton Woods garden is ready! Bert Mead is working on the center's garden. The garden project needs some helping hands to make it a success. We need a few volunteers to help water the garden from time to time and to help pick the produce when it is ready. Get some fresh air and enjoy the reward of watching the garden grow. Let the front desk know you are interested.



Summer Concert Series 2022! Get ready for some music!

It's time to enjoy outdoor concerts at Canton Woods! This is a great way to spend the afternoon. Bring your lawn chair. All concerts are outside on the center grounds weather permitting, (indoors in the event of rain).

Music by **George Leija** (May concert), rescheduled for Monday, June 6th at 1:00pm.

Rock-n-Roll favorites are back with Rock Shadows!!!

Monday, June 27th at 2:30pm.

Outside weather permitting
(Wii Bowling will start at 12:30pm on June 27th.)

LaFayette Community Band

Tuesday June 14th at 7:00pm

A Flag Day Concert!

A monetary donation will be collected to support the band.

Thank you to our generous concert sponsors!

Barnes Memorial, Belle Tours, Falardeau Funeral Home, Red Mill Manor, and the Canton Woods Board!

The winners of the Mother's Day Raffle were Cindy Brugnetti, Gladys Pharoah, Lois Witham, & Dawn Hickman. Congratulations and enjoy the \$25.00 gift card to Tassone's.

How 911 works presentation!!

Monday, June 13th at 2:30pm

Here at Canton Woods.

Regina Morris from the Onondaga County Department of Emergency

Communications 911 will present an overview of what to expect when you call 911. Regina will explain why the 911 operator asks so many questions and answer whatever other questions you may have. For our seniors, discussion of safety measures to avoid scams. The intent is to lessen any concerns the public may have about 911.

Please plan to attend!!

Upstate Mobile Mammography Bus

Will be at Canton Woods Friday, June 17th from 9:00am-3:00pm. More information available at the center.

AAA DEFENSIVE DRIVER COURSE AT CANTON

WOODS!! Reminder for those of you who signed up, the class is

Wednesday June 22, 9:00am-3:30pm. Cost is \$29.00 per person.

Make checks payable to AAA

AAA Defensive Driving course is a six-hour course sponsored by AAA and approved by NYS Department of Motor Vehicles. Participants must be 55 years of age or older. You may bring a lunch or pre-order lunch at the center (\$3.50 for those 60+ nutrition program registration required). Participants should bring their unexpired

driver's license and a pen. Class size is limited, early registration is recommended. Phone registration will NOT be accepted. **Payment must be made when you sign up.** Questions? Call the center at (315) 638-4536.

Open Rec on Monday & Friday

Mornings is the perfect time to practice pool, play a game of checkers or cards with a friend or a friendly game of pitch or poker.

National Grid Consumer

Advocate will be available by calling our Neighborhood Advisor, Nancy Sullivan. If you have questions about your National Grid account, we can seek out help for you.

Sunshine Lady

Janet Wojnovich is the **Sunshine Lady** for Canton Woods. Janet would like to hear from you if you know of someone who is not feeling well, had a hospital stay, or has had a family member pass away. Please call **Janet at 315-638-2957** or let the Staff or Office Volunteers know too!!

Get well or thinking of you cards sent to: Liz Mastracco & Kay Lane.

Sympathy Cards were sent to the families of Jean Bauman.

Memorial Giving

Canton Woods is giving you the opportunity to donate to the Center through Memorial Giving.

Enclosed is my gift of \$ _____

In Memory of _____

Your name _____

Your address _____

Make checks payable to Canton Woods Senior Center, Inc.

Send to:

Canton Woods Senior Center
76 Canton St. Baldwinsville, NY
13027

PEACE LUNCH

The congregate senior lunch program has resumed indoor dining. Canton Woods now has the PEACE Lunch hot meal served in the dining room for *fully vaccinated individuals. You will be asked to show proof of vaccination. Please plan to arrive between 11:30 and 11:45am. Meal served at 12:00pm.*

The Take-Away meal is also available for those who are unvaccinated or who prefer not to dine inside. Please plan to drive up between 11:15 and 11:45am.

You must make a reservation for both lunch programs.

Lunch is available Monday Wednesday and Friday.

We are updating our birthday list so please call or e-mail your birthday month and day.

jferstler@baldwinsville.org
(315) 638-4536.

June Birthdays

6/5 Theresa Fenton

6/6 Al Jenner

6/18 Bruce Barnes

6/26 Nick Peluso



On your birthday, (or very very close), stop
by Jessicakes

3 Marble St. Baldwinsville
for a FREE birthday cupcake!
Jessicakes 315-484-8228

Ice Cream

Thank you for all the Byrne Dairy receipts!
Please keep them coming. Sometimes you
have to ask for one! Note: we cannot use
gas receipts.

Food Bank of CNY

The Food Bank of CNY can help you
receive Food Stamps/ SNAP.
Please call (315) 437-1899 ext. 224 to set
up an appointment or contact Nancy, CW's
Outreach Worker (315) 638-4536.

**Food Sense program helps stretch
your food buying dollars and is open to
everyone and available each month.**

**Call the center to request the
May Package List.**

Cost: \$20.50

**The order deadline is Friday, June 10th
by 3:30pm.**

**The pick-up date is Wednesday, June
22nd from 11:30am-12:30pm**

Free Legal Services

Legal services are available at
Canton Woods on several Tuesdays
in the calendar year. **The next
available appointments will be on
Tuesday, June 14, 2022.** Call the
center to make an appointment (315)
638-4536. (12:00-3:30pm) You
must be a resident of Onondaga
County and at least 60 years old to
participate in this program.

Smartphone, iPad, Tablet or Laptop Computer Assistance offered by Nadine Kerr, B'ville Family& Consumer Science

Teacher. If you need help figuring
out how to use the calendar, email or
going online; she is very familiar
with Apple devices as well. Bring
your devices and any questions (it is
a good idea to write them down).
Unfortunately, Nadine cannot help
with a Trac Phone.

**Nadine is at Canton Woods on
Monday, June 6th from 2:45pm -
3:55pm. Please call-in advance to
schedule an appointment 315-638-
4536.**

Notes from Canton Woods Activity Committee:

Happy June to All

We are very happy to report that our
Friday Pool Tournaments are
growing again and there is plenty of
room for more.

Wii bowling always has room for
more players. Our Mother's Day

gift card give away was a success as always—4 happy ladies went always with a gift card from Tassone's.

June 17th will be the Father's Day drawing- all you men come in on the 17th and sign up for the 1:00pm drawing.

Have a happy June.

Kathy Hogan

Look for Canton Woods 1st Annual Golf Tournament flyer in this newsletter!

Tournaments in April

Please remember to arrive 10 to 15 minutes before the beginning of each game. Thank you!

8 Ball 4/1

1st place: Kathy Hogan & Nunzio Lipari

2nd place: Kathy Heintz & Frank O'Donnell

4/22

1st Place: Paul Dreher-Wiberg & Dave Hardy

2nd Place: Kathy Heintz & Jack Schmidel

9 Ball 4/8

1st place: Nunzio Lipari

2nd place: Bob DeMont

4/29

1st place: Frank O'Donnell

2nd place: Della Falter

Wii Bowling

4/4

1st place: Bob Hahn & Jan Wojo

2nd place: Kathy Heintz & Cindy Fehringer

4/11

1st place: Bill Mills & Gloria Saccone

2nd place: Carol Plucinik & Larry Wood

4/18

1st place: Bob Hahn & Bill Mills

2nd place: Jan Wojo & Larry Wood

4/25

1st place: Gloria & Tom Spagnola

2nd place: Kathy Hogan & Joan Ferstler

IMPORTANT REMINDER!

Please arrive 10- 15 minutes before your game is scheduled to start. This is a courtesy to all the other players and helps things go more smoothly. Thank you

Bunco at Canton Woods!

Friday, June 24th 10:15am-

12:00pm. This is a fun fast moving dice game. Give it a try. We need at least 12 players to make the game really fun. Please call the center to sign up!

BINGO!!! Come join the fun!

BINGO! Wednesdays and Fridays at 1pm.

Pitch is now every Thursday at 1:00pm!
Call to sign up, double check the calendar.

Wii Bowling T'ments: Every

Monday, at 1:00pm. We welcome more Wii Bowlers. Call to sign up.

Needed: Wii Bowlers!! Come check the alleys out!!

Duplicate Bridge Tuesday at 12:00pm

Party Bridge Wednesday at 12:15pm

Mah Jong Wednesday mornings at 9:00am!

Blood Pressure Screening:

On Tuesday, June 14

from 9:45am – 11:00 am.

Stay fit & Well at Canton Woods!

Try one of these fun fitness classes!

Line Dancing!!!

Line Dancing is easy, fun, and great exercise for your body and your brain!

Thursdays from 1:30-2:30pm

Instructor: Eileen Corlett

(over 30 years of teaching dance to children and adults)

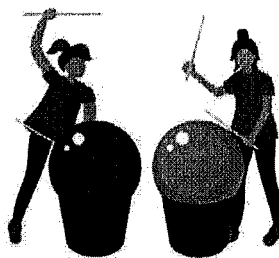
Instructional fees paid to the instructor.

Review calendar for dates of class.

Classes held on June 2nd, then suspended until Fall 2023.

CW Exercise Class

Aerobics work out designed for seniors on Tuesday and Thursday at 9:15am. Charges payable to the instructor. Suspended for the summer. Back again in September

Senior Cardio Ball Drumming

Facilitated by Arlette, Fridays at 9:30am.

Call the Center to claim your spot! 315-638-4536.

Limit 12 participants. Equipment is provided.

This is a low impact exercise class using music, large exercise ball and drumsticks to move to the beat!!

Falls Prevention Class

Classes are on Tuesdays and Thursdays at 10:00 a.m. **FREE!** The instructor is on break for the summer. See Julie instructing on DVD at the regular class time.

Kripalu "Chair Optional" Yoga lead by Yvonne Martin Certified Kripalu Yoga Teacher:

Classes held Tuesday mornings at 11:15am
Donation to the instructor. Look at the flyer inside this newsletter for future dates.

Tai Chi Classes (Yang short form)

Classes are held Tuesdays and Thursdays at 8:00 a.m. Charges are payable to instructor. Please check the calendar for dates.

Art Group

Art group will meet in person on Tuesday, June 7th & Tuesday, June 21st at 2pm.

Card Making

Welcome back - Cardmaking Workshop!

Monday June 20, 1:00-3:00pm.

Come join Cheryl for an all-inclusive workshop to make three beautiful cards for any occasion! All experience levels are welcome. Bring your creativity for a fun time.

*** Sign up by June 15th. Limited to 10 people.**

\$4 supply fee due to instructor

How about getting together for Adult Coloring!?

Adult coloring can reduce stress and anxiety, increase mindfulness, and it's fun. Try it!

Wednesdays at 10:30am.

Sharing Memories Writing Program!

Every Wednesday at 1:00pm.

Facilitated by Tina Trainham. Please come with writing material and your memories!

Crafty Corner Canton Creations

Learn to make a mosaic glass frame like the one hanging over the reception desk at the center.

It is a lot easier than stained glass and really a fun activity. The information is below.

Creating a Mosaic Glass Frame

This class will be completed over a two-day period...

Class date: June 21, 4-5:30pm and June 22 4-5:30pm

Class size: 10 people ... wear old clothes and bring apron to cover your clothes.

Cost: I will supply the glass and grout. Students need to bring the supplies listed below...

Supplies

A roll of paper towels and glass cleaner

E 6000 glue (available at Jo-Anne's, Michaels, Hobby Lobby. It might even be available in drug stores).

A picture frame with glass...go to the thrift store...

Yarn Crew

A HUGE THANK YOU for the yarn that was donated...Wow! Lots of lap blankets can be made from these...whoohoooo

Since I returned from my extended vacation, I share with the group the latest ideas I made for the Craft Sale that takes place the first weekend in December. I showed them a collection of bowl cozies, hot pads, potholders, and pillowcases. Now they are truly inspired. For those of you who have never come to the sale at Canton Woods in December, I strongly encourage you to give it a try. We are adding items and working to keep current and fresh.

Edwina Hay



Book Club News

Book Review of The Razor's Edge

By Somerset Maugham.

We had the best conversation about this book that we have had in a long time! After initial discussions in general about the novel.

The book was laden with detail. As an example, Maugham describes a party guest as beautiful...but fat. He then proceeded to detail each part of her and added the word, "but fat" in each description. It was almost too much for those of us who are used to the speed of the computer age and unspoken detail a television offers us. This book, published in 1944, certainly was before the days of the little screen. The detail made the book exceedingly slow to read and his use of vocabulary readers found daunting. We discussed why the detail and vocabulary was so important and what that revealed about us, the author, and the period of time in which the novel was set. The author also, sets himself inside the novel and readers found that confusing.

The book centers around a main character, Larry, who has come back from World War I traumatized. He begins to search for the meaning of his existence and the purpose of life. He questions his decision to marry, his station in life, and his social stature. He is a non-conformist, where money means nothing.

(Although, we felt it is people who have money that can take such a stance.) He cancels his wedding plans and travels abroad (try doing that with no money) to seek a solution. He is torn between doing his own self enlightenment and following convention expected of his upper-class background. He eventually turns to nonwestern philosophy in an attempt to explain society's ills. It is from this philosophy comes the title...

"He had everything and wanted nothing. He saved the world and then it shattered. The path to enlightenment is as sharp and narrow as a razor's edge."

Because none of us were thrilled by it, I asked the group why they thought Alex Trebek called this one of his favorite books.

In an interview Trebek responded by saying. "It's about a young man, searching for the truth, searching for God, searching for – whatever, a reason for living. I went through that, and in many ways, I'm still going through that. It's struck a very receptive chord in me."

We all found the book tedious to read ..(must be we are all pretty much in touch with ourselves..haha)

Next meeting is June 21st at 2:00pm in the library Or outside at Canton

Woods. The next book is All Boys Aren't Blue by George M. Johnson

Please join us...new comers always welcome

Since the facilitator of the group had cataract surgery she could not read the book so, I relied on the information from the members of the group.

The main characters were two very opposites... in sex, age, race, ethnic background, financial status, physical agility and ability, and the ability to interact socially yet, they became the best of friends.

Mildred Gutermann is a 90-year-old German Jew who has need of a personal assistant, and somehow Luis, the assistant, has disappeared. Raymond Jaffa, an outcast who is losing his best friend due to a move, lives in the same building, and notices her confusion one day. She needs to find Luis, but her blindness and advanced age is prohibiting her from searching for him.

Raymond comes from a very dysfunctional home life. He is the only child of a bi-racial couple who have since divorced and he is now a minority within his own home and with a white mother, a white stepfather and white stepsisters. He feels worthless, and alone even in the big city of New York.

He befriends Mildred because he is searching for someone who finds him worthy. She always praises him and makes him feel value. Everyone else

has ignored him, but his polite manners and solicitous nature ender him to her. A trust is formed between the two. He helps her while secretly looking for the aid who seems to have abandoned her.

In his search for Luis, Raymond uses the internet and finds many Luis Valdez's. So beginning at the top of the list he tracks down each one to see if this is indeed the correct Luis... the novel is based on the encounters of each person and Raymond is definitely going "outside the box" which adds to his exposure and growth.

Eventually Raymond's research leads him to the fate of Mildred's Luis Velez. the novel ends with that story. The novel has many uplifting moments with Raymond finding many Luis's who contributed in a positive and negative way to his search. Raymond grew as a person in that he was more outgoing and more self-confident and made a friend for life in Mildred.

What are we going to read next? We decided to break out of the "safe zone" books and read some of these books listed below to form our own opinions. Since there is a new bookstore in town perhaps you might want to grab a book and join us for what could be a lively conversation. The American Library Association, Office for Intellectual Freedom tracked 729 challenges to library, school, and university materials and services in 2021. Of the 1597 books

that were targeted, here are the most challenge.

Gender Queer by Maia Kobabe

Lawn Boy by Jonathan Evison

All Boys Aren't Blue by George M. Johnson

Out of the Darkness by Ashley Hope Perez

The Hat U Give by Angie Thomas

The Absolutely True Diary of a Part-Time Indian by Sherman Alexie

Me and Earl and the Dying Girl by Jessie Andrews

The Bluest Eyes by Toni Morrison

Beyond Magenta by Susan Kuklin

This Book is Gay by Juno Dawson
(see above for the next book and time)

June 2022 Library News

One Step Too Far (L. Gardner)

The Horsewoman (J. Patterson/M. Lupica)

Wish You Were Here (J. Picoult)

Abandoned in Death (J. D. Robb)

Invisible (D. Steel)

Check out our new books!

Bottle & Can Drive

McBride's Bottle Return

Your nickels will add up to help your Center.

There are now two ways to contribute! The Canton Woods Board, and Senior Activity Committee have an ongoing bottle and can collection program. Any bottles or cans placed in the bottle and can collection boxes at the center are returned for the deposit. The funds benefit you through your Senior Activity Committee.

In addition to the collection program at the center, you and your family members may return bottles and cans to McBride's Bottle and Can Return, 80 Smokey Hollow Rd. Let the clerk know you are donating your returns to Canton Woods Senior Center. They will credit the amounts to Canton Woods Senior Center account. Thank you for participating in these fundraising events.

2022 FREE Summer Concert Series Paper Mill Island

Sponsored By:

Town of Van Buren Parks & Recreation
Town of Lysander Parks & Recreation
Village of Baldwinsville
Baldwinsville Public Library

June 28th Baldwinsville Pep Band

July 19th The Flyin' Column

August 2nd The Cobble Rockers

- All concerts begin at 6:30pm.
- Bring a lawn chair or blanket to the outdoor events!
- Rain decisions will be made the afternoon of each concert. The rain location for the Summer Concert Series has yet to be determined.
- There will be food, snacks, and beverages for sale at the concerts on Paper Mill Island.
- **Alcoholic beverages are not permitted on Paper Mill Island for the Tuesday evening concert series. These concerts are not affiliated with the Friday and Saturday night concerts on Paper Mill Island.**

Canton Woods

JUNE 2022

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
			1 9 Mah Jong 10:30 Adult Coloring 12 PEACE Lunch 12:15 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	2 8 Tai Chi 9:30 Canasta & Rummikub 11 Falls Class 1 Pitch 1:30-2:30 Line Dancing	3 8:30-12 Open Rec 9:30 Senior Ball Drumming Exercise Class 12 PEACE Lunch 1 8 Ball T'ment 1BINGO	4
5	6 8:30-12 Open Rec 12 PEACE Lunch 1 Music by George Leija (rescheduled) 2:45 Tech Support	7 8 Tai Chi 9 Yarn Crew 9:30 Canasta & Rummikub 10 Falls Class DVD 11:15 Chair Yoga 12 Dup Bridge 2 Art Group	8 9 Mah Jong 10:30 Adult Coloring 12 PEACE Lunch 12:15 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	9 8 Tai Chi 9:15 CW Exercise 9:30 Canasta & Rummikub 10 Falls Class DVD 1 Pitch	10 8:30-12 Open Rec 9:30 Senior Ball Drumming Exercise Class 12 PEACE Lunch 1 9 Ball T'ment 1 BINGO	11
12	13 8:30-12 Open Rec 12 PEACE Lunch 1Wii Bowling 2:30 911 How Does it Work Presentation	14 8 Tai Chi 9 Yarn Crew 9:30 Canasta & Rummikub 9:30 Blood Pressure Screening 10 Falls Class DVD 12 Dup Bridge 7 LaFayette Community Band	15 9 Mah Jong 10:30 Adult Coloring 12 PEACE Lunch 12:15 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	16 8 Tai Chi 9:30 Canasta & Rummikub 10 Falls Class DVD 1 Pitch TRIP	17 8:30-12 Open Rec 9-3 Upstate Mobile Mammography Bus 9:30 Senior Ball Drumming Exercise Class 12 PEACE Lunch 1 8 Ball T'ment 1 BINGO	18
19 Days	20 8:30-12 Open Rec 12 NO PEACE Lunch 1 Wii Bowling 1-3 Card Making Juneteenth Day	21 8 Tai Chi 9 Yarn Crew 9:30 Canasta & Rummikub 10 Falls Class DVD 12 Dup Bridge 2 Book Club 2 Art Group 4-5:30 Canton Creations	22 9 MahJong 9-3:30 Defensive Driving Class 10:30 Adult Coloring 12 PEACE Lunch 12:15 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program 4-5:30 Canton Creations	23 8 Tai Chi 9:30 Canasta & Rummikub 10 Falls Class DVD 1 Pitch	24 8:30-12 Open Rec 9:30Senior Ball Drumming Exercise Class 10:15-12 Bunco 12 PEACE Lunch 1 9 Ball T'ment 1 BINGO	25
26	27 8:30-12 Open Rec 12 PEACE Lunch 12:30 Wii Bowling 2:30 Oldies Rock-n-Roll by Rock Shadows	Election Primary 28 8 Tai Chi 9 Yarn Crew 9:30 Canasta & Rummikub 10 No. Falls Class DVD 12 Dup Bridge TRIP	29 9 Mah Jong 10:30 Adult Coloring 12 PEACE Lunch 12:15 Party Bridge 1 BINGO 1-3 Sharing Memories Writing Program	30 8 Tai Chi 9:30 Canasta & Rummikub 10 Falls Class DVD 1 Pitch	Calendar Subject to Change	

Travel Reflections

Hi everyone! Our summer has finally arrived. It has been a long time coming. Our Day trips are back on the road. There is still room for the Tribute to Bette Midler/Barry Manilow at Seneca Niagara, Turning Stone, Cooperstown, and Skaneateles. I have had many requests for a Day Out to Saratoga Race Track. I was finally able to secure reserved Grandstand seating. Check out the writeup below. If you want to go, I need the money ASAP as I have to pay for the tickets mid-June.

Our first Day Trip of the year was a huge success. We went to Rochester, NY for the Lilac Festival. We could have not asked for a better day. Weather was hot and sunny, and the lilacs were beautiful. A surprise stop at Sauders Farm Market completed our day.

It is with great sadness that we lost one of my most beloved travelers. Jean Baumann passed away on May 6th. Jean and her husband Chet were "frequent flyers" with me through many years. Her smile and laugh lit up my bus. I will miss our bus chats and catching up. Jean was the sweetest soul. Never a harsh word, never complained, and an absolute delight to have travel with me. I will miss her dearly. Rest in peace beautiful Jean.

I wish all the dads and grandpas a very Happy Father's Day.

Love, Jacki

Contact me for the trip of your life!
(315) 415-0040

Until next month, take care and God Bless.

Please include your phone # on all checks as well as food choice if applicable

Day Trips!

TURNING STONE (Bingo or Casino) – June 16th 2022 THURSDAY

It's time to return to the Turning Stone! Join us for a day out that includes deluxe Onondaga Coach transportation, \$15 to be used in the Casino or Bingo, \$5 food bonus and gratuity for the driver. . BUS PICK-UPS: Canton Woods @ 8:15 AM, Larkin St @ 8:45 AM - We will depart for home at 4pm or when Bingo lets out if it's later.

COST: \$38 per person payable to "BELLE TOURS LLC". Please arrive at least 10 minutes before designated pick up time and park along the side or in back. SIGN UP ANY TIME AT THE CENTER OR SEND TO JACKI ABBOTT @ 132 PLYMOUTH DR, SYRACUSE, NY 13206 - CALL JACKI @ 315-415-0040

TRIBUTE TO BETTE MIDLER & BARRY MANILOW – June 28th 2022 SENECA NIAGARA CASINO

Join us for a Tribute to Bette Midler and Barry Manilow at the Seneca Niagara Casino. This day out includes: deluxe Hale Transportation; Tickets to the show; \$20 Free slot play; \$10 food credit and drivers gratuity.

COST: \$125 per person payable to "BELLE TOURS LLC". BUS PICK-UPS: Larkin St @ 7 AM, Canton Woods @ 7:30 AM - Return home about 6:30 PM. SIGN UP AT THE CENTER OR SEND TO JACKI AT 132 PLYMOUTH DRIVE SYRACUSE, NY 13206. **PLEASE ARRIVE 10 MINUTES BEFORE DEPARTURE.**

A DAY OUT IN COOPERSTOWN – July 19th 2022

Our day will begin with a boat ride on The Glimmerglass Queen boat as we tour picturesque Lake Otsego. Following the boat ride we will enjoy a delicious lunch at The Lake Front Restaurant. Selections include: 1. Classic Chicken Caesar Salad 2. French Dip 3. Fresh Beer Battered Haddock 4. Grilled Chicken Breast Sandwich 5. Sun Dried Tomato Pesto Fettuccini Alfredo or 6. Angus Beef Cheese Burger. PLEASE INCLUDE YOUR SELECTION ON YOUR CHECK.

COST: \$125 per person payable to "BELLE TOURS LLC". BUS PICK-UPS: Larkin St @ 8 AM, Canton Woods @ 8:30 AM - Return home about 5:30 PM. SIGN UP AT THE CENTER OR SEND TO JACKI AT 132 PLYMOUTH DRIVE SYRACUSE, NY 13206. **PLEASE ARRIVE 10 MINUTES BEFORE DEPARTURE.**

SKANEATELES DAY OUT – August 4th 2022

Skaneateles is beautiful in the summer. Join us for a sightseeing day out on the Judge Ben Wiles as we tour this gem of a lake. Prior to the boat ride we will enjoy a sumptuous luncheon at the Sherwood Inn. Selections include: 1. Chicken Francaise or 2. Scrod Christopher. PLEASE INCLUDE YOUR SELECTION AND PHONE NUMBER ON YOUR CHECK. There will be free time to wander the shops.

COST: \$120 per person payable to "BELLE TOURS LLC". BUS PICK-UPS: Larkin St @ 10:15 AM, Canton Woods @ 10:45 AM - Return home about 4:15 PM. SIGN UP AT THE CENTER OR SEND TO JACKI AT 132 PLYMOUTH DRIVE SYRACUSE, NY 13206.

NEW TRIP!

SARATOGA RACE TRACK – August 18th 2022 THURSDAY

Watch and wager on the horses on Thursday, August 18, 2022. Our Day Out will take us to Saratoga for a day at the races. We have reserved Grandstand seating (under a covered area). The day is free for you to enjoy.

COST: \$95 per person payable to "Belle Tours LLC". BUS PICK-UPS: 7:30 am @ Larkin St; 8:00 am @ Canton Woods Senior Center Depart for home after the last race. We will make a short stop on the way up and again on the way home. Sign up any time at the center or send to Jacki @ 132 Plymouth Drive, Syracuse, NY 13206.

***PLEASE ARRIVE 10 MINUTES BEFORE PICK-UP. PLEASE INCLUDE YOUR PHONE NUMBER ON ALL CHECKS.**

SIGN UP ANYTIME AT THE CENTER or SEND TO JACKI ABBOTT – 132 PLYMOUTH DRIVE – SYRACUSE, NY 13206

MAINE SOUTH COAST TOUR

September 12th - 16th, 2022 5 Days/ 4 Nights

Welcome to Vacationland! Join us for a five day tour of beautiful Maine. This fall trip takes us to Ogunquit, Maine, where we will spend 4 nights at the Anchorage by the Sea resort. This resort is located on the water and has access to the Marginal Way. The tour includes: Deluxe Hale transportation; 4 nights hotel accommodations; 4 breakfasts at the hotel; 4 dinners including (1) lobster dinner; Boothbay Harbor cruise; Admission to Maine Maritime Museum; Guided tours of Kennebunkport & Portland, including a photo stop at Portland Head lighthouse; Nubble Lighthouse cruise; Performance (TBA) at the Ogunquit Playhouse; Photo stop at Nubble Lighthouse; Free time in Ogunquit, Portland, Boothbay harbor, & Kennebunkport; All taxes and gratuities; Baggage service and fully escorted by Jacki Abbott.

COST:

\$1,785 /per person

(Based on double occupancy)

\$1,695 /per person

(Based on triple occupancy)

\$2,475 /per person

(Based on single occupancy)

A deposit of \$800 (\$100 non-refundable) is needed to sign up. Final balance is due July 10, 2022.

PACIFIC NORTHWEST & CALIFORNIA

w/ OPTIONAL 1-NIGHT SEATTLE PRE TOUR EXTENSION!

8 Days/ 7 Nights

September 26 - October 3, 2022



This tour begins with an overnight stay in Seattle, dubbed the "Emerald City" for its lush green surroundings. Highlights of the tour include: Seattle, Mount St. Helens visitor center, Portland, Columbia River Gorge Hood River, Yaquina Head lighthouse, Newport, Bandon State Natural Area, Rogue River cruise, Redwood National Park, Avenue of the Giants, and San Francisco. Trip includes: Hometown pickup from Canton Woods Senior Center to and from the airport; Roundtrip air to and from Hancock airport; All taxes and fees/surcharges and hotel transfers.

COST:

\$3,349 /per person

(Based on double occupancy)

\$4,149 /per person

(Based on Single occupancy)

\$3,319 /per person

(Based on triple occupancy)

DISCOVER SOUTHERN ITALY & SICILY

w/ A TWO NIGHT ROME POST TOUR EXTENSION!

October 7 - 21, 2022

Italy is up and ready for visitors! This 15 day trip includes: Roundtrip airfare to and from Syracuse with an airport pickup at Canton Woods; Air taxes and fees/surcharges; Hotel transfers; 1 breakfast, 1 lunch, 8 dinners; 13 nights hotel accommodations; visits to Palermo, choice on tour of Monreale Agrigento, Valley of the Temples; Mt. Etna Volcano, Giardini Naxos, Taormina, Matera, Pompeii, Sorrento, Amalfi Coast, Monte Cassino, and two nights in Rome. Complete detailed itinerary is available upon request.

COST:

\$5,079 /per person

(Based on double occupancy)

\$6,109 /per person

(Based on Single occupancy)

LANCASTER "DAVID"

November 8 - 10, 2022

The Sight and Sound Theatre has a brand new show for our enjoyment. "DAVID", Master poet. Fearless Warrior. Anointed King. After unprecedented victories lead to devastating failures, this passionate warrior will face the biggest battle of all: the one within himself. This trip will include: Deluxe Hale transportation; two nights at the Eden Resort; tickets to the American Music Theatre for their "Home for the Holidays" Christmas Show; Tickets for David; Buffet luncheon and show at the Dutch Apple Theatre where we will enjoy "Saturday Night Fever"; Dinner at Greenfield Restaurant; dinner at Hometown Kitchen; 2 breakfasts; visit to Kitchen Kettle Village and Bird in Hand Farmers Market; all gratuities. Fully escorted by Jacki Abbott.

COST:

\$690 /per person

(Based on double occupancy)

\$795 /per person

(Based on Single occupancy)

\$655 /per person

(Based on triple occupancy)

A deposit of \$100 (Non-refundable) due to sign up. Balance due September 20, 2022. Checks payable to "BELLE TOURS LLC". Sign up at the center or call Jacki @ 315-415-0040 or mail to 132 Plymouth Drive Syracuse, NY 13206.

AMADEUS RIVER CRUISE

TULIP SERENADE

8 Days/ 7 Nights

April 15 - 22, 2023

SEE JACKI FOR DETAILS!

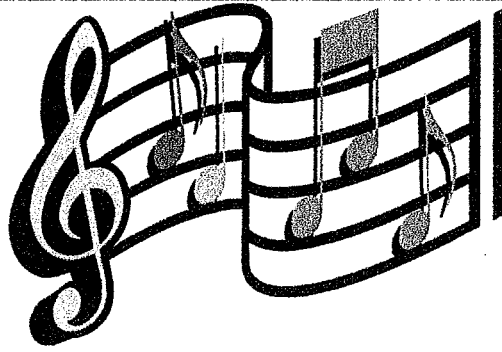
ALASKA LAND, RAIL & CRUISE

w/ PRINCESS CRUISES ON THE MAJESTIC PRINCESS

11 Days/ 10 Nights

May 31 - June 10, 2023

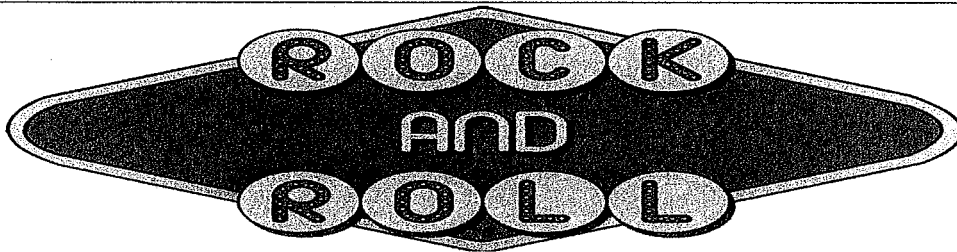
SEE JACKI FOR DETAILS!



LaFayette Community Band

Tuesday, June 14th at 7:00pm

Please join for a musical concert on Flag Day!!

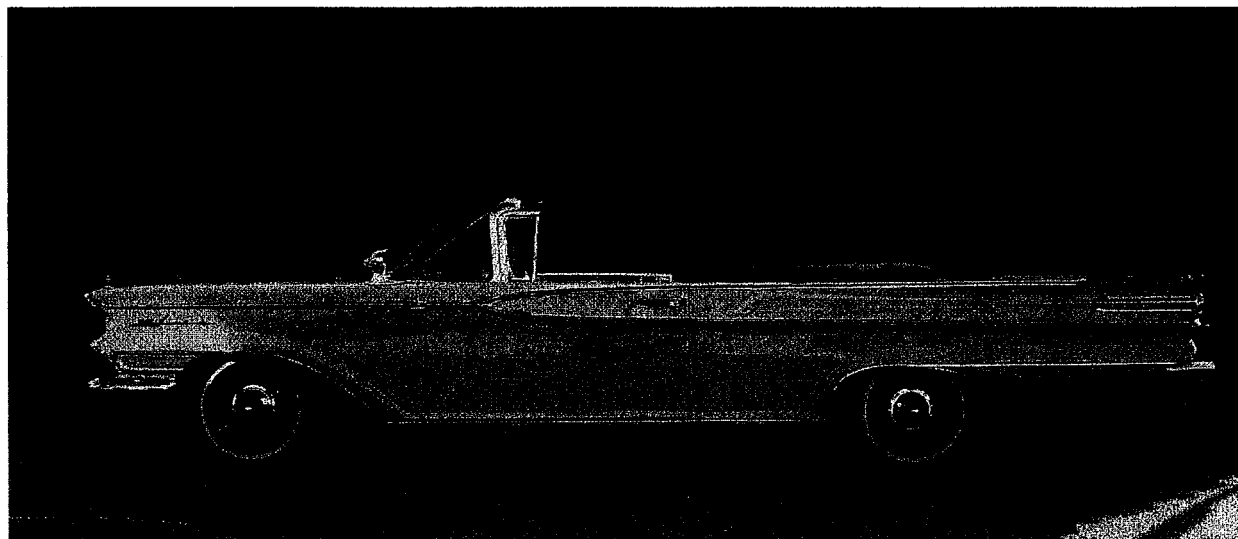


Join Canton Woods for the rock-n-roll favorites of

Rock Shadows

Monday, June 27th at 2:30pm

Bring a lawn chair and a friend for an afternoon of
oldies favorites!



Canton Woods 12th Annual Car Show

August 8th 5:00pm-7:30pm

Canton Woods 76 Canton St.

Baldwinsville, N.Y. 13027 638-4536

The evening will include: Beautiful Cars & Trucks,
Tasty Summer Food to purchase
Prizes, Raffles, *Musical Entertainment from*
B'ville's own George Leija & Fun!

Entry forms available at Canton Woods & on the Village of Baldwinsville website-- Entry fee \$10. for each car entered.

Car Show winners to be announced at 7:00pm

Categories for Car Show: Oldest entry, Fans Favorite, Senior Activity Committee's Choice

Rain Date: Monday August 15, 2022

Please come and enjoy the family event at Canton Woods!

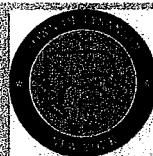
**EMERGENCY
DIAL 911**

Monday, June 13th at 2:30pm

Join us for a presentation on the Onondaga

County 911 center and how it works!!

Question and answer time available!



Lysander Park

Wednesdays

June 1—July 6

9:00 AM

6-Weeks

1-Hour Classes

Instructed By:

Kat Bombard

Fitness

Active 50+ Adults

Rotary Pavilion

or

Community Room

ZUMBA

\$36.00

Per

Registrant

Parks And Recreation / Town Of Lysander New York

Parks and Recreation

8220 Loop Road, Baldwinsville, New York 13027
315-635-5999 parks@townoflysander.org

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&



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1-888-559-1614



info@getsetup.io



TO BENEFIT CANTON WOODS SENIOR CENTER

September 12 @ 10:00 am

Captain and Crew

Hickory Hills Golf Course-RT 31

\$50.00 PER PERSON INCLUDES:

- 18 Holes and Cart and Hot Dog at the turn

-Picnic lunch following includes: Hotdog, Hamburger, Sausage, Corn on the Cob (if available) or Chefs choice of Vegetables, Pasta Salad, Cookies, Brownies, Iced Tea, Lemonade and Water

MORE FUN ACTIVITIES THROUGHOUT THE DAY:

****50/50 RAFFLE**

****LONGEST DRIVE**

****CLOSEST TO THE PIN**

****SURPRISE GAMES THROUGHOUT THE DAY!!**

PLAYER #1 _____

PLAYER #2 _____

PLAYER #3 _____

PLAYER #4 _____

TOTAL: _____

HOLE SPONSOR NAME: _____ \$50.00 COST

SPONSORS NAME: _____

Make checks payable to Canton Woods Senior Center, 76 Canton st B'ville 13027

EARLY DETECTION SAVES LIVES

Upstate University Hospital makes it easy to get your annual mammogram.

**Our mobile mammography van
will be in your area soon!**

Canton Woods Senior Center

76 Canton St., Baldwinsville

Friday, June 17th

9 AM - 3 PM



Appointments are required. Register now!

PHONE: 315-464-2588

ONLINE: www.upstate.edu/noexcuses

We welcome insured and uninsured women.

UPSTATE
UNIVERSITY HOSPITAL

Mobile Mammography

Summer Entertainment Series 2022

FREE Concerts

Canton Woods Senior Center

76 Canton St.

June 6	1:00pm	George Leija
June 14	7:00pm	LaFayette Community Band
June 27	2:30pm	Rock Shadows
July 18	2:30pm	Jerry Cali
August 12	2:30pm	Larry Sarafini & Son
September 19	2:30pm	George Leija
October 17	2:30pm	John Vona

Thank you to our generous sponsors!

**Barnes Memorial, Belle Tours, Falardeau
Funeral Home, Red Mill Manor, and the
Canton Woods Board!**

June '22

PEACE, INC. - FSD	
MONDAY	
6	Polynesian Pork with Seasoned Brown Rice Peas with Sautéed Mushrooms Juicy Diced Peaches
13	Golden Battered Cod Fillet Baked Potato with Sour Cream and Chives 4 Way Mixed Vegetables Vanilla Ice Cream
20	Agency Closed Juneteenth
27	Glennell Sweet Italian Sausage Sandwich with Peppers and Onions Italian Blended Vegetables Mandarin Oranges

All Meals Include: Coffee, Tea, Milk
Bread, and Margarine

SENIOR NUTRITION	
WEDNESDAY	
1	Crab Salad on Croissant Continental Potatoes Broccoli Florets Ambrosia Salad
8	Beef and Bean Taco Salad with Lettuce, Tomatoes, Black Olives, Topped with Sour Cream and Tortilla Chips Lemon Meringue Pie
15	Grilled Chicken and Field Green Salad Classic Minestrone Soup Rainbow Sherbet
22	Tropical Fruit Glazed Ham Yukon Gold Potatoes with Sliced Onions Oregon Blend Vegetables Fresh Cantaloupe Fresh Baked Whole Wheat Roll
29	Tex-Mex Burger Served with Caramelized Onions and Sweet Mayo Oven Roasted Zucchini Jell-O Cake

Menus meet 1/3 of RDA
Menu is Subject to Change

OFFICE FOR AGING & YOUTH	
FRIDAY	
3	Oven Roasted Lemon Pepper Chicken Zesty Mashed Sweet Potatoes Parmesan Brussels Sprouts Spice Cake with Walnut Cream Cheese Frosting
10	Meatball Sub on a Whole Wheat Sub Roll Italian Green Beans Pineapple Tidbits
17	Barbeque Seared Pork Macaroni Salad Capri Blend Vegetables Diced Peaches
24	Julienne Salad Topped with Ham, Turkey, Swiss Cheese, Tomatoes, Cucumbers, Hard Boiled Egg and Olives Crusty Italian Bread Chocolate Cream Pie

Suggested Contribution:
\$3.50

Guest \$7.00