

April is Parkinson's Awareness Month!

Empower yourself to fight PD by visiting Empower Parkinson's Inc.
first-ever, socially distanced

Parkinson's Awareness Day

Drive-by or Drop-in

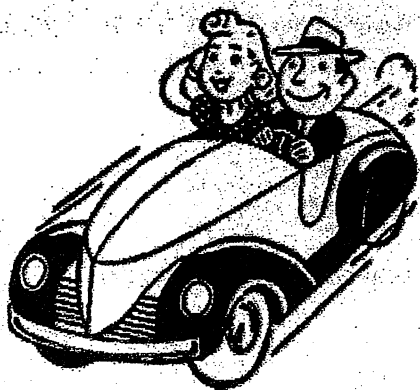
Sunday, April 18th

11:00 am to 1:00 pm

Empower Parkinson Inc. Rock Steady Boxing Gym

604 Old Liverpool Rd, Liverpool, NY

(Back Parking Lot)



Pick up your own Empower Parkinson's education gift bag

View our facilities and new Pedaling for Parkinson's cycles

(made possible by 100 Women Who Care CNY)

Take home information on our exercise, nutrition, education and support programs

Meet our volunteers

Learn about resources within our CNY community that are here to help you

